

Worksheet 7

Subject: - Social Studies

Class: - IV

Teacher: - Mrs. Monika

Name: _____ Class & Sec: _____ Roll No. _____ Date: 29.04.2020

The Outer Himalaya

The Outer Himalaya is located south of the Middle Himalaya. It is the lowest in height. This range is covered with forests. Many wild animals are found in these forests.

KARAKORAM MOUNTAINS

To the north-west of the Himalayas, beyond River Indus, lies the Karakoram Range (see Map 2.1). Mount Godwin Austen (K2) lies in this range. It is the highest peak in India and the second-highest peak in the world.

LIFE IN THE REGION

Jammu & Kashmir and Ladakh lie in the Himalayas and the Karakoram Range. Himachal Pradesh, Uttarakhand, Sikkim, Darjeeling in West Bengal and some part of Arunachal Pradesh are in

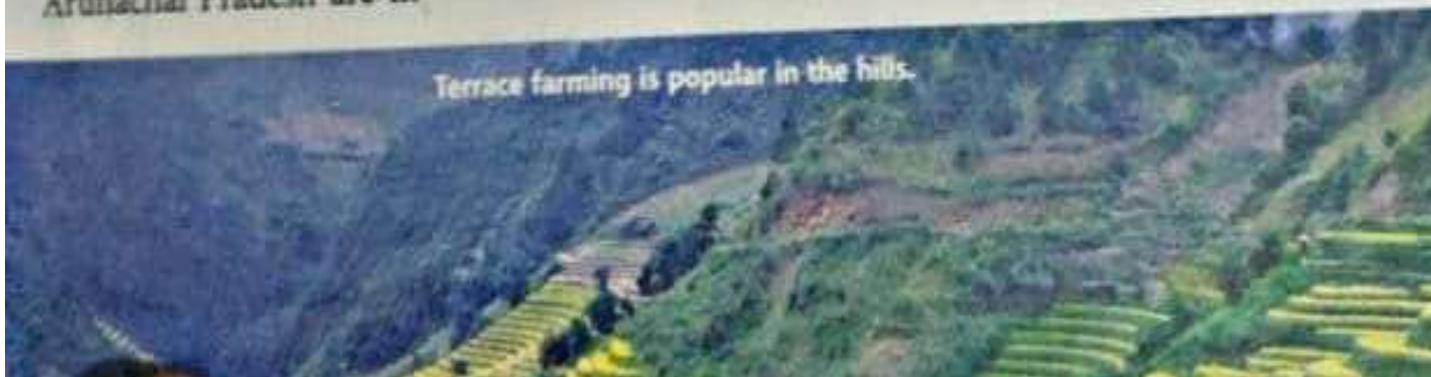


The availability of pastures has made sheep rearing an important occupation in the mountains.

the Himalayas.

Farming is the main occupation of the people. Due to lack of plain land, farmers have cut steps or terraces along the slopes. On these steps they grow rice, maize, barley and potatoes. Such farming is called terrace farming. Some people also engage in sheep rearing and wood carving.

Terrace farming is popular in the hills.





Kullu Dussehra is celebrated in October in the Kullu valley of Himachal Pradesh.

Jammu & Kashmir

Jammu & Kashmir is famous for its apple orchards and saffron cultivation. Men and women wear a long woollen kurta, called phiran, and salwar. During winter, they use kangri to keep themselves warm. People drink kahwa, a special type of tea. Some places of tourist attraction are Srinagar, Gulmarg and Amarnath.



Kahwa

Ladakh

Ladakh is known for its beautiful scenery and barren mountains. Men wear a thick woollen robe called goncha. Women wear a similar robe called kuntop.



Double-humped camel

They also wear colourful shawls. The double-humped camel is only found here in India. The Zaskar Valley, Pangong Lake and Leh Palace are a few places of tourist interest.

Himachal Pradesh

Himachal Pradesh is famous for its apple orchards. Men wear embroidered caps called Kullu caps. Women wear scarves called dhazu. The most popular festival is the Kullu Dussehra. Many tourists visit Shimla, Dalhousie and Manali.



Kullu cap

Uttarakhand

Uttarakhand is famous for basmati rice, lychees and plums. Some people weave woollen shawls, scarves and rugs. Mussoorie, Nainital and Haridwar attract a large number of tourists.

Sikkim

Sikkim is famous for oranges, cardamom and orchids. Some men and women wear a loose gown, fastened at the waist. It is called bakhu. They also wear colourful jewellery made from beads. The main tourist places are Gangtok and Pelling.



A Sikkimese girl dressed in bakhu

Ch- 2: The Northern Mountains

S. No	Word	Meaning
1.	Mountain Range	A group of Mountains
2.	Peak	The pointed top of a mountain
3.	Occupation	Work done by people in order to earn their living
4.	Sheep Rearing	The raising and breeding of domestic sheep
5.	Saffron	A spice also known as 'kesar'
6.	Pastures	Land covered with grass and other low plants suitable for grazing animals
7.	Tourists	A person who is visiting a place for pleasure and interest, especially when they are on a holiday
8.	Farming	The activity of growing crops or keeping animals on a farm
9.	Wood carving	The action or skill of carving wood to make objects
10.	An Orchard	Is an area of land on which fruit trees are grown
11.	Orchids	Decorative flowers
12.	Scenery	Is a word to describe how a place looks, especially beautiful
13.	Hump	A round raised part on an animal's back
14.	Rugs	A floor covering of thick woven material
15.	Cardamom	Is a spice (इलायची)
16.	Beads	Are small pieces of coloured glass, wood or plastic with a hole through the middle. Beads are often put together on a piece of a string or wire to make jewellery.

See the video. Read the PDF file carefully:

Q1: Fill in the blanks:

1. To the north west of the Himalayas beyond river _____ lies the Karakoram Range.
2. _____ is the highest Peak in India and the second highest Peak in the world.
3. Due to lack of plain land, farmers cut steps or terraces along the slopes. On these steps they grow rice, maize, barley and potatoes such farming is called _____ farming.
4. Jammu and Kashmir is famous for its apple orchards and _____ cultivation.
5. In Jammu and Kashmir, men and women wear a long woollen Kurta called _____ and Salwar.
6. _____ is a special type of tea popular in Jammu and Kashmir.
7. Ladakh is known for its beautiful _____ and barren mountains.
8. In Ladakh men wear a thick woollen robe called _____ and women wear a similar robe called _____
9. The double humped camel is only found in _____ in India.
10. Himachal Pradesh is famous for its _____ orchards.
11. Kullu Dussehra is celebrated in October in the Kullu Valley of _____
12. In Himachal Pradesh men wear embroidered caps called _____ caps and women wear scarves called _____
13. _____ is famous for basmati rice, lychees and plums.
14. Sikkim is famous for oranges, cardamom and _____
15. In Sikkim some men and women wear a loose gown, fastened at the waist. It is called _____

Answer:

1. Indus
2. Mount Godwin Austen (K2)
3. Terrace
4. Saffron
5. Phiran
6. Kahwa
7. Scenery
8. Goncha, Kuntop
9. Ladakh
10. Apple
11. Himachal Pradesh
12. Kullu, Dhazu
13. Uttarakhand
14. Orchids
15. Bakhu